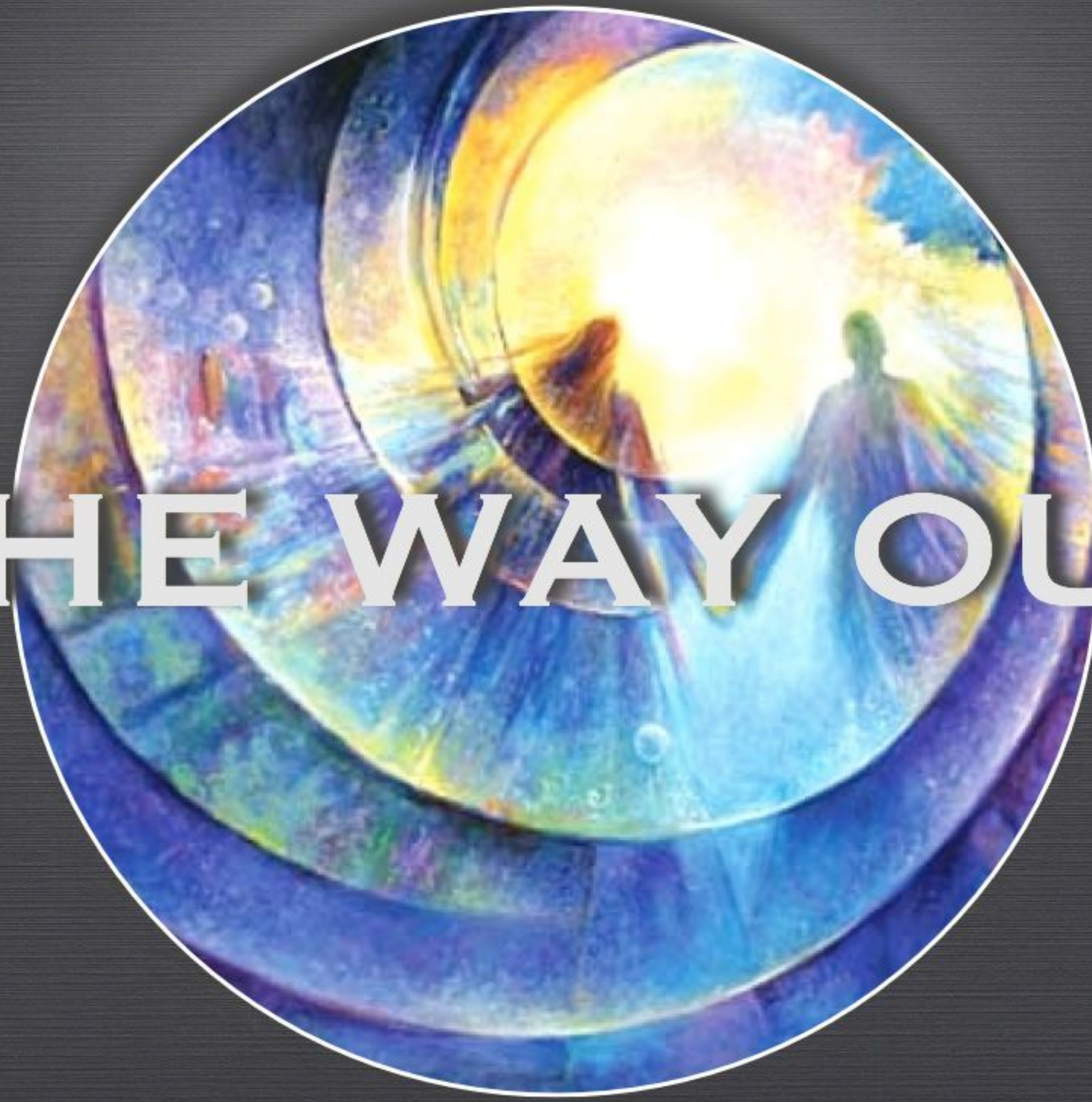


THE WAY OUT

Grassroots Solutions
For Real & Positive Change

- Heal Worldview
- Non-Support Of Dominators
- Change Quality Of Attention
- Develop Mindfulness
- Develop True Present Moment Awareness
- Use Of Entheogens In conscious context
- Change Diet
- Positive Thinking
- Detach From Monetary System
- Help others to awaken

NON-SUPPORT OF DOMINATORS

Direction of Manifestation

Plane Of Causality:

The **WHY** that underlies
and precedes Manifestation

ALL Power to affect Change lies here,
thus this is where our Consciousness must "go."

Plane Of Effects:

Manifested Realities which formed
because of their Causes

NO Power to affect Change lies here,
but this is where our Consciousness is "trapped."

Direction Mind must take to learn **WHY** and begin to create on a conscious level

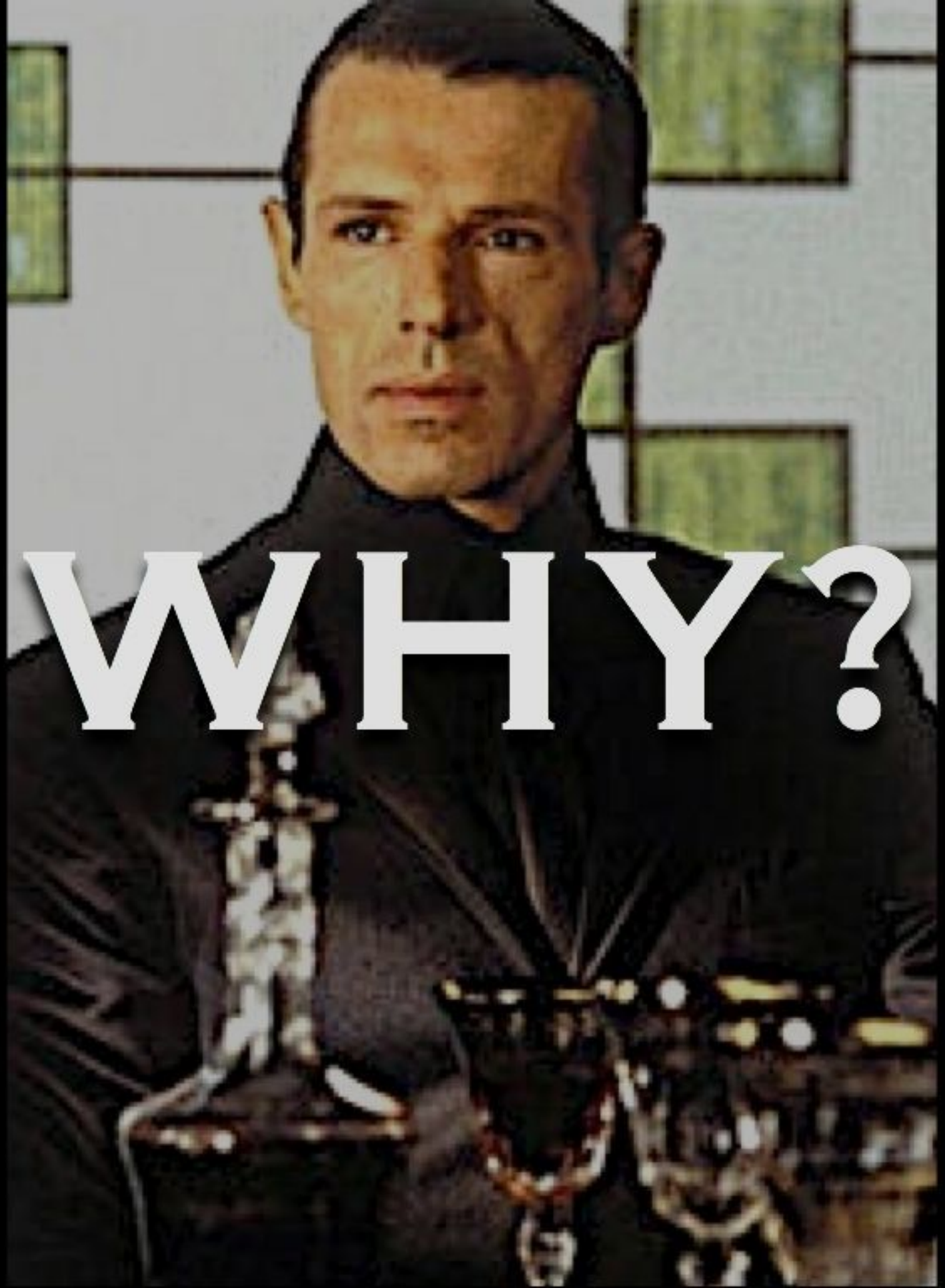
Who Is More Morally Culpable:

(At Fault; From Latin, Culpa: Fault, Blame)

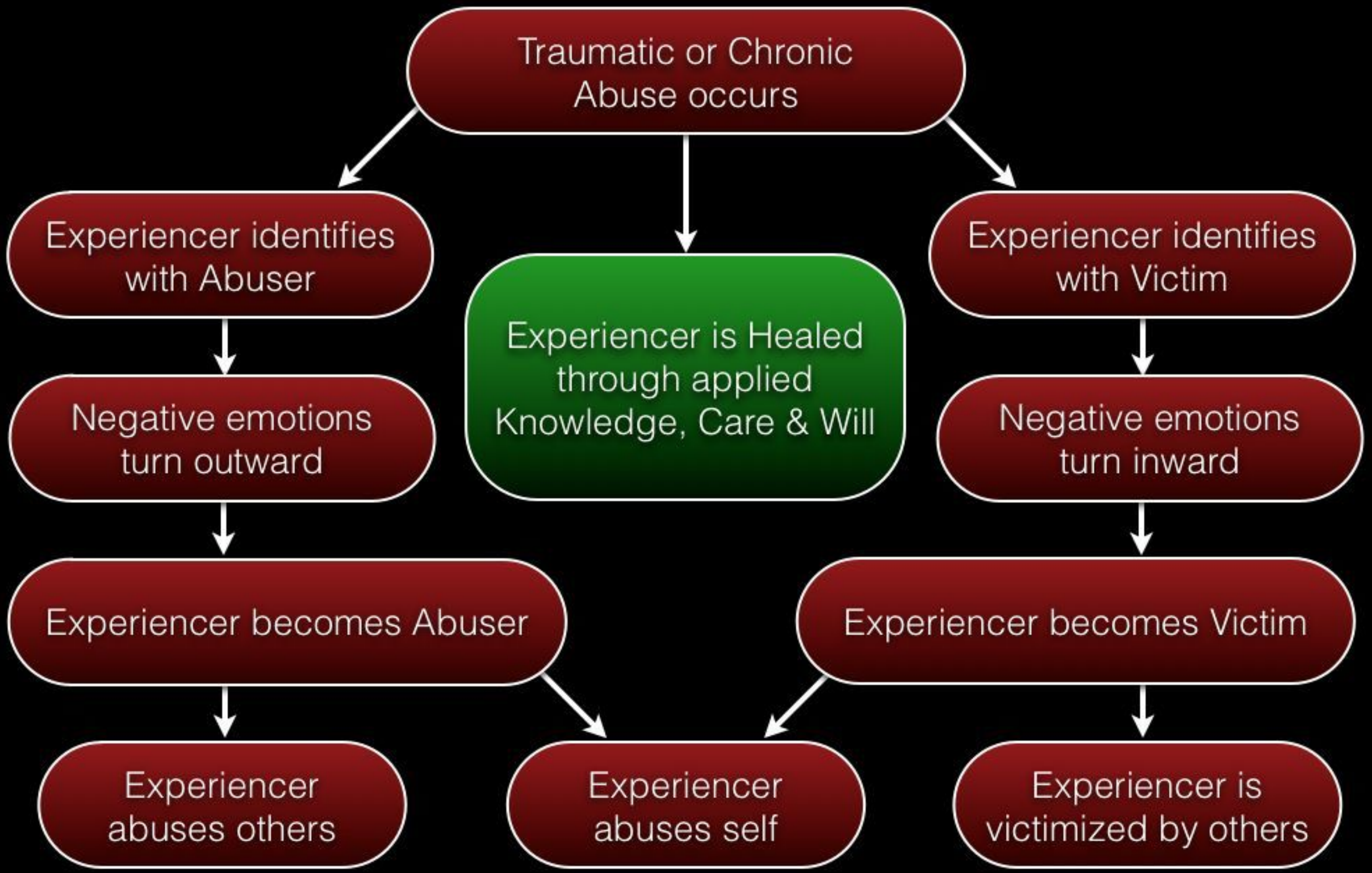
Order-Giver

or

Order-Follower?


WHY?
WHY?

Abuse-Victim Cycle


Traumatic or Chronic Abuse occurs
Experiencer identifies with Abuser
Experiencer is Healed through applied Knowledge, Care & Will
Experiencer identifies with Victim
Negative emotions turn outward
Negative emotions turn inward
Experiencer becomes Abuser
Experiencer becomes Victim
Experiencer abuses others
Experiencer abuses self
Experiencer is victimized by others

i have suffered,
therefore i shall
cause suffering.

Understand WHY

To Break The Cycle